

Resource Guide

**for Parents, Peers, and Friends of Youth
with Substance Abuse Conditions**



A Letter from the Butte County Sheriff's Office

As the Sheriff of Butte County, I have witnessed the devastation to our community due to the manufacturing, sales and use of methamphetamine and the abuse of prescription drugs. It has been estimated that 85 % of crime is drug-related, and violent crime can be largely attributed to drug abuse, especially to methamphetamine.

Drug abuse has a detrimental impact on every sector of society. Drug addiction destroys personal health and safety; damages family relationships; and exposes children to dangerous hazards. Drug abuse is related to many other problems including attendant costs of medical care; environmental contamination of waterways and groundwater, landfills, and sewage; real estate values and losses due to contamination; and destructive structure and wildland fires resulting from meth lab fires.

Our Butte County Methamphetamine Strike Force is committed to eliminating the meth problem and prescription drug abuse in our county by supporting local prevention, education, enforcement, and treatment efforts.

This Directory of Services is a resource guide of community-based agencies and professionals who are available to help youth in crisis due to drug abuse.

It is funded by a grant from The California Endowment, who I would like to thank for their continued support and commitment to helping us achieve our goals as outlined in the Meth Strike Force Prevention Plan.

This Directory is the result of a collaborative effort led by Gary Bess Associates (Gary Bess and Casey Fickardt-Carrillo, LCSW) and Butte County Department of Behavioral Health along with input from the community and Meth Strike Force subcommittee members: Alice Kienzle (Butte County Public Health); John Wardell (Butte County Probation Department); Keith Krampitz and Mitch Brown (Drug Endangered Children's program); Paula Felipe (Butte County Sheriff's Office); Marian Gage (Butte County Office of Education); Melissa Romero (Probation Department); Nino Pinocchio (Juvenile Hall); Lana Wickham (Children's Services); Don Fultz (Chico Recovery Center); Scott Kennelly and Lisa Cox (Butte County Behavioral Health); Jacky Hoiland (Paradise Unified School District); Jeff Marcus (Ridgeview High School); Clarissa Pfister (Gridley Unified School District); Joe Hejl (Boys and Girls Club);

I extend my heartfelt thanks to all of you for this accomplishment and for your commitment to saving lives and protecting our community from the dangers of drug abuse.

Jerry W. Smith, Sheriff-Coroner



Background and Acknowledgements

Methamphetamine is among the greatest problems facing northern California communities. In the Pacific Region, which includes Butte County, 94.3 percent of law enforcement officials have identified methamphetamine as the greatest drug-related threat in their jurisdictions (National Drug Intelligence Center, 2007). Despite dramatic improvements, Butte County is still plagued by a major methamphetamine problem. In 2006, Butte County ranked sixth among California counties for methamphetamine activity. The nature of this threat is exemplified by drug seizure and treatment data. According to the Federal-Wide Drug Seizure System, the amount of methamphetamine seized in the Pacific Region increased from 1,889 kilograms in 2005 to 2,440 kilograms in 2006; in 2007, 1,968 kilograms had been seized in the region as of November 1.

In 2007 and 2008, with a grant from The California Endowment, a community-based initiative was undertaken by the Butte County Public Health Department in collaboration with the Butte County Methamphetamine Strike Force, multiple public and private organizations, and leaders and stakeholders. After town hall meetings, extensive surveying, focus groups, and analysis of sentinel events and data, a public health-based approach in response to the methamphetamine epidemic in Butte County was developed. This comprehensive substance abuse prevention plan pointed to several service systems change opportunities at the county level and a countywide initiative resulted to improve referral pathways for youth into substance abuse treatment, increase referrals of youth in crisis within 72 hours of identification of using substances, and increase access to community resources available for youth abusing substances. To help accomplish these goals, this Service Provider Directory was created.

Needing particular attention is the impact of substances on our youth, the focus of this directory.

Greater than one-quarter (29.3%) of Butte County youth attending a youth development retreat in February 2008 reported that they knew of friends or fellow students who could not live at their home because someone in the household was using methamphetamine (N=212). More than one-quarter (27.4%) of junior high youth also responded yes to the question, do you know of friends of fellow students who are using or have used methamphetamine? (n=106).

Also in 2008, among educators (teachers and school administrative personnel), 45.8 percent indicated that methamphetamine is a big problem in their school, and 33.3 percent reported that it is a problem. Furthermore, during the 2007 calendar year, 57 drug endangered children investigations were conducted. These investigations involved 122 children. The Children's Services Division provided services to 110 of these children, and 63 were removed from their homes.

A review of 75 medical charts of patients seen in the emergency room, clinics, or admitted to Enloe Hospital in January 2008 was completed based on diagnoses that could be related to consequences of methamphetamine use. This review revealed that the reasons for their use of the emergency room, which could be for more than one health issue, included one third (33.3%) that were drug related, 29.7% alcohol related, and 20.3% amphetamine related. Out of 2,740 individuals receiving Butte County Department of Behavior Health services for substance abuse issues in fiscal year 2006-2007, 50.8 percent reported their primary drug problem as methamphetamine. Lastly, as another indicator of this problem, of the 1,513 adults arrested by the Oroville Police Department between June 4, 2003 and March 2, 2008 on a drug or alcohol related offense(s), 495 adults (32.7%) were arrested on a methamphetamine-related offense(s).

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*For information about this publication,
please call 530.877.3426.*

Use of this Directory

This directory was created for you. It includes numerous agencies and individual service providers who are here to help youth with substance abuse problems and to answer your questions. They are the experts in our community who want you to know they care. This directory is organized based on the different types of treatments and services you will want to consider once you identify a youth is using substances. It describes symptoms that you may recognize in someone you know. If you have concerns, you may use this directory to call an agency or individual service provider for help. We have provided questions and agency information you will want to explore when selecting a service provider. Use our checklist to select those questions that are important to you when calling for the first time. Websites are also provided if you are interested in understanding and learning more about substance abuse and youth. Keep in mind that treatment can vary depending on whether your situation is a crisis, requiring hospitalization or residential recovery, or if support through outpatient services will be sufficient. Information is provided for all types of help.

How and Why Does Drug Use Start?

There is no single answer to that question. Surely in the case of many youths, alcohol and other drug use starts in response to peer pressure. Young people naturally want to “fit in” - to be accepted by their classmates or friends. Whatever the reasons, first use can be dangerous. Research studies show that once involvement with alcohol and other drugs begins, such involvement all too often follows a predictable sequence leading to problems due to the use of alcohol and other drugs.

Drug abuse often starts with the illicit use of legal drugs and with the use of alcohol (illegal for youth) and tobacco; users often progress from these substances to marijuana. Some users, including over half of the teenagers who use these substances, may eventually turn to other illegal drugs or combinations of drugs. For this reason, alcohol, tobacco, and marijuana are frequently called “gateway” drugs. Use of drugs such as cocaine and heroin is unusual in those who have not previously used alcohol, tobacco, and/or marijuana.

www.drugfree.org/parent/UnderstandingTeens/Articles/Why_Teens_Try_Alcohol_and_Drugs.aspx

Top 8 Reasons why Teens Try Alcohol and Drugs

There is no single reason for teenage drug use and alcohol use. Dr. Neil I. Bernstein In *How to Keep Your Teenager Out of Trouble and What to Do if You Can't*, details some of the core issues and influences behind teenage drug and alcohol use. It's important that you, as a parent, understand these reasons and talk to your kids about the dangers of drinking and using drugs.

- 1. Other People** – Teenagers see lots of people using various substances. They see their parents and other adults drinking alcohol, smoking, and, sometimes, abusing other substances. Also, the teen social scene often revolves around drinking and smoking pot. Sometimes friends urge one another to try a drink or smoke something, but it's just as common for teens to start using a substance because it's

readily available and they see all their friends enjoying it. In their minds, they see drug use as a part of the normal teenage experience.

2. Popular Media – Forty-two percent of teens agreed that movies and TV shows make drugs seem like an OK thing to do, according to a 2003 study. Not surprisingly, 12- to 17-year-olds who viewed three or more “R” rated movies per month were seven times more likely to smoke cigarettes, six times more likely to use marijuana, and five times more likely to drink alcohol, compared to those who hadn’t watched “R” rated films (Amy Khan 2005).

3. Escape and Self-Medication – When teens are unhappy and can’t find a healthy outlet for their frustration or a trusted confidant, they may turn to chemicals for solace. Depending on what substance they’re using, they may feel blissfully oblivious, wonderfully happy, or energized and confident. The often rough teenage years can take an emotional toll on children, sometimes even causing depression, so when teens are given a chance to take something to make them feel better, many can’t resist.

4. Boredom – Teens who can’t tolerate being alone, have trouble keeping themselves occupied, or crave excitement are prime candidates for substance abuse. Not only do alcohol and marijuana give them something to do, but those substances help fill the internal void they feel. Further, they provide a common ground for interacting with like-minded teens, a way to instantly bond with a group of kids.

5. Rebellion – Different rebellious teens choose different substances to use based on their personalities. Alcohol is the drug of choice for the angry teenager because it frees him to behave aggressively. Methamphetamine, or meth, also encourage aggressive, violent behavior, and can be far more dangerous and potent than alcohol. Marijuana, on the other hand, often seems to reduce aggression and is more of an avoidance drug. LSD and hallucinogens are also escape drugs, often used by young people who feel misunderstood and may long to escape to a more idealistic, kind world. Smoking cigarettes can be a form of rebellion to flaunt their independence and make their parents angry. The reasons for teenage drug-use are as complex as teenagers themselves.

6. Instant Gratification – Drugs and alcohol work quickly. The initial effects feel really good. Teenagers turn to drug use because they see it as a short-term shortcut to happiness.

7. Lack of Confidence – Many shy teenagers who lack confidence report that they’ll do things under the influence of alcohol or drugs that they might not otherwise. This is part of the appeal of drugs and alcohol even for relatively self-confident teens; you have the courage to dance if you’re a bad dancer, or sing at the top of your lungs even if you have a terrible voice, or kiss the girl you’re attracted to. And alcohol and other drugs tend not only to loosen your inhibitions but to alleviate social anxiety. Not only do you have something in common with the other people around you, but there’s the mentality that if you do anything or say anything stupid, everyone will just think you had too many drinks or smoked too much weed.

8. Misinformation – Perhaps the most avoidable cause of substance abuse is inaccurate information about drugs and alcohol. Nearly every teenager has friends who claim to be experts on various recreational substances, and they’re happy to assure her that the risks are minimal. Educate your teenager about drug use, so they get the real facts about the dangers of drug use.

www.drugfree.org/parent/UnderstandingTeens/Articles/Why_Teens_Try_Alcohol_and_Drugs.aspx

Four Basic Stages of Alcohol and Other Drug Use

Stage 1

Too many youngsters and adults believe that the first use of alcohol and other drugs is safe. For youths, using drugs such as tobacco and alcohol is often, unfortunately, viewed as normal. However, because young bodies are particularly susceptible to alcohol and other drugs and their effects, there is no such thing as totally “safe” use of any mind-altering drug by a youngster. In stage one, however, there may be no outward behavioral changes caused by the use of drugs.

Stage 2

The second stage involves more frequent use of alcohol or other drugs as the person actively seeks the euphoric effects of a mind-altering drug. At this point, the user usually establishes a reliable source, and may add mid-week use of alcohol or other drugs to previous habits of weekend use at parties. Among adolescents, significant clues include changes in friends, deterioration of school performance, and possibly a general lack of motivation.

Stage 3

In stage three, there is intense preoccupation with the desire to experience euphoric effects. Daily use of mind-altering drugs, depression, and thoughts of suicide are common. Family troubles increase and the adolescent may be having problems with the law.

Stage 4

In the fourth stage, increasing levels are needed just to feel OK. Physical signs such as coughing, frequent sore throats, weight loss, and fatigue - which may have begun to appear earlier - are now common. Blackouts and overdosing also are more common, family life is a disaster, and crime may be becoming a way of life to obtain money to buy drugs.

<http://ncadi.samhsa.gov/govpubs/phd587/default.aspx>

How do I Know if Someone I Care About is Using Drugs?

Is Your Teen or Friend Using: Signs and Symptoms of Substance Abuse

There's no easy way to figure out if your teen is using drugs or alcohol. As you'll see, many of the signs and symptoms of teen substance abuse listed below are also, at times, typical adolescent behavior. Many are also symptoms of mental health issues, including depression or anxiety disorders.

If you've noticed any of the changes related to substance abuse listed below, don't be afraid to come right out and ask your teen direct questions like "Have you been offered drugs?" If yes, "What did you do?" or "Have you been drinking or using drugs?" While no parent wants to hear a "yes" response to these questions, be prepared for it. Decide, in advance, how you'll respond to a "yes". Make sure you reassure your child that you're looking out for him or her, and that you only want the best for his or her future.

Of course, not all teens are going to fess up to drug or alcohol use, and a "no" could also mean your child is in need of help for mental health issues. That's why experts strongly recommend that you consider getting a professional assessment of your child with a pediatrician or child psychologist to find out what's going on. In the case of teen substance abuse, don't be afraid to err on the side of caution. Teaming up with professionals to help your teen is the best way to make sure he or she has a healthy future.

Personal Appearance

- Messy, shows lack of caring for appearance
- Poor hygiene
- Red, flushed cheeks or face
- Track marks on arms or legs (or long sleeves in warm weather to hide marks)
- Burns or soot on fingers or lips (from "joints" or "roaches" burning down)

Personal Habits or Actions

- Clenching teeth
- Smell of smoke or other unusual smells on breath or on clothes
- Chewing gum or mints to cover up breath
- Heavy use of over-the-counter preparations to reduce eye reddening, nasal irritation, or bad breath
- Frequently breaks curfew
- Cash flow problems
- Reckless driving, car accidents, or unexplained dents in the car
- Avoiding eye contact
- Locked doors
- Going out every night
- Secretive phone calls
- "Munchies" or sudden appetite

Behavioral Issues Associated with Teen Substance Abuse

- Abrupt changes in mood or attitude
- Associating with a new group of friends, especially with those who use drugs.
- Heightened secrecy about actions and possessions.
- Change in relationships with family members or friends
- Loss of inhibitions
- Mood changes or emotional instability
- Loud, obnoxious behavior
- Laughing at nothing
- Unusually clumsy, stumbling, lack of coordination, poor balance
- Sullen, withdrawn, depressed
- Unusually tired
- Silent, uncommunicative
- Hostility, anger, uncooperative behavior
- Deceitful or secretive
- Makes endless excuses
- Decreased Motivation
- Lethargic movement
- Unable to speak intelligibly, slurred speech, or rapid-fire speech
- Inability to focus
- Hyperactivity
- Unusually elated
- Periods of sleeplessness or high energy, followed by long periods of “catch up” sleep
- Disappearances for long periods of time

School- or Work-Related Issues

- Truancy or loss of interest in schoolwork
- Sudden and continuing decline in attendance or performance at work or in school.
- Sudden and continuing resistance to discipline at home or in school.
- Loss of interest in extracurricular activities, hobbies, or sports
- Failure to fulfill responsibilities at school or work
- Complaints from teachers or co-workers
- Reports of intoxication at school or work

Health Issues Related to Teen Substance Abuse

- Nosebleeds
- Runny nose, not caused by allergies or a cold
- Frequent sickness
- Sores, spots around mouth
- Queasy, nauseous
- Seizures
- Vomiting
- Wetting lips or excessive thirst (known as “cotton mouth”)

- Sudden or dramatic weight loss or gain
- Skin abrasions/bruises
- Accidents or injuries
- Depression
- Headaches
- Sweatiness

Home- or Car-Related

- Disappearance of prescription or over-the-counter pills
- Missing alcohol or cigarettes
- Disappearance of money or valuables
- Increased amount and frequency of borrowing money from family and friends.
- Stealing from the home, at school, or in the workplace.
- Smell in the car of bottles, pipes, or bongs on floor or in glove box
- Appearance of unusual containers or wrappers, or seeds left on surfaces used to clean marijuana, like Frisbees,
- Appearance of unusual drug apparatuses, including pipes, rolling papers, small medicine bottles, eye drops, butane lighters, or makeshift smoking devices, like bongs made out of toilet paper rolls and aluminum foil
- Hidden stashes of alcohol

http://www.drugfree.org/parent/HowToSpotUse/Articles/Is_Your_Teen_Using.aspx

Behaviors that Require Immediate Action

In any situation where the person is making statements about harming himself or herself (suicide or other self harm) or harming someone else, do not wait to call for help during regular business hours. There are services available 24/7 and you should call the Butte County Department of Behavioral Health Crisis line at (800)371-4373 or (530)891-2794 and/or call 9-1-1

If you are concerned a youth is using drugs, you should take the youth to see his/her primary care physician for a medical evaluation and for a medical assessment. Substances can have many effects that can be life threatening and be prepared to call 9-1-1 in an emergency.

If the youth is reporting they have been a victim of abuse, contact Butte County Children's Services at (800)400-0902.

If the youth has run away from home and/or is homeless, contact local law enforcement and the H.E.R.E (Homeless Emergency Runaway Effort) program at (800)371-4373.

Making a Call for Help:

Once you have determined someone you care about is using drugs, the next step is to call an agency or individual provider for help. When choosing an agency there are many factors you may want to consider:

- Age and backgrounds of clients served
- Cultural awareness
- Sliding scale and insurance taken
- Specialty services
- Hours of Operation
- Criteria for Admission
- Flexibility with school schedule
- Transportation assistance

Picking up the telephone and making the call may be difficult at first. You may struggle with organizing what you want to say. This is normal and once you make the call, the professional will guide you with where to go and ask you questions. To get you started, here is a general script of what to say when asking for help and how to introduce yourself.

"Hi, my name is _____. I am calling to get information about your programs for substance abuse for my ___ year old son/daughter. Can I please speak to someone who can help me with this?"

To help you organize your thoughts, the following pages include a list of questions you may want to consider in thinking about how you want to start your conversation and what information you want to know about the agency or individual service provider. **Put a check mark by questions that are important to you to help you organize your phone call.**

Questions to Consider When Choosing Treatment

Questions About How Family Members Will be Involved in Treatment

- _____ Ask if family is involved in the treatment process and in what ways.
- _____ Ask how the family will be prepared when the affected member returns home.

- _____ Is parental participation required and what form does this take?
- _____ Are there support and educational groups for families?

Questions About Staff Qualifications and Program Characteristics

- _____ Question providers about the therapies their counselors and therapists have had training.
- _____ What does the admission process entail?
- _____ What are the basic qualifications for being on staff with regard to education, work experience, personal recovery from substance abuse?
- _____ Is the staff sensitive to cultural issues and is it diverse with regards to age, sex, ethnicity, and sexual orientation?
- _____ Location of the facility (many treatment facilities are not local so consider whether the facility is accessible by bus, other family members or friends, and prepare for the cost of long trips to visit)?
- _____ Is the facility accredited (state licensed by the Department of Health or other Healthcare organization accreditations)?
- _____ Are adults also treated with the youth or are there separate programs for youth?
- _____ Are adults housed in the same location, what steps are made to ensure safety?
- _____ Are there alternative recovery models available or are they based on the self-help model with 12-step being emphasized?
- _____ What if the youth rejects the spiritual basis of some programs, are there alternatives?
- _____ What is the average length of treatment?
- _____ How many youth are treated at the same time? (size of therapy groups, etc)?
- _____ Ask whether individual therapy is available? Is group therapy available?
- _____ How many sessions are offered?
- _____ Ask if the program treatment involves monitoring of substance use throughout treatment.
- _____ Ask how a provider can tell if a treatment is working and what they do if it is not?
- _____ Ask how many types of therapy, counseling, medications and other services are available for changing a treatment plan?
- _____ Ask about continuing care options available to patients. Ask how long the continuing care continues and what form it is (home visits, telephone)?
- _____ What will be offered or suggested for aftercare?
- _____ Ask about formal efforts to link patients with AA or other mutual help groups?
- _____ Ask about linking the patient with their primary care physician to assure continuity of care?

Questions About Costs and Insurance

Payment for addiction treatment can be a complicated matter and is an honest concern as well. Treatment programs and practitioners get paid from three sources:

- Private health insurance
- Medi-Cal and Medicare (public insurances)
- Public funds that are a combination of federal and state government dollars (for patients that have neither public nor private insurance)
- Sliding Fee Schedule
- Ask about how the cost of treatment can or will be covered.
- Ask if there are coverage limits or limitations as it applies to treatment.
- Are there scholarships to offset the costs of the treatment

If you have health insurance, you should insist that the health plan pay for a full clinical assessment that identifies all of the physical and psychological problems that need to be addressed by treatment, as well as other services that are needed. Insist on knowing your privacy rights, how your health insurance decides what it will cover and who will work with you to coordinate care. Here are some key questions to navigating the complex maze of funding used to pay for private and public insurance coverage:

- Am I insured? What are my health insurance benefits? What are the deductibles, co-pays, annual and lifetime limits of my insurance benefits?
- What are the criteria the health insurance company will use to decide if it will allow admission to treatment and will pay for the treatment?
- If Medi-Cal is paying for my child's treatment services, what do I need to know about the treatment provider I want to use?
- Will someone coordinate the care that is being reimbursed? Who? Where are they located and how do I reach them?
- If I use my health insurance, who else will know about the problem? Will the record follow them? For how long?

Remember some of your best resources are people in your lives, such as teachers, doctors, and other parents. Take time to talk to other parents or youth who have used these services. It is ok to ask questions and to let staff members know you are unclear or uncertain about the program. Plan a visit to the location and talk with staff. You will be able to meet the staff face to face and see the location for yourself

<http://www.hbo.com/addiction>

What to Expect at Your First Appointment

Assessment Process

The first thing that can be expected is for a professional at the facility to conduct an addiction assessment. This is done for a variety of reasons, mostly to determine what kind of treatment is in order. The assessment will probably be a list of questions to give the health professionals a history of their patient, such as current situation, length of time and type of drug addiction, criminal history, health history, and so on. They will also ask the new patient about personal goals and ambitions, family structure, and school or work experience. The medical staff will conduct a physical exam, and will note any other disorders the patient is dealing with, such as depression or anxiety. The patient is asked to be open and honest about all these questions, and the answers are to be kept confidential.

The goal of obtaining these answers is to have a measure of how severe the patient's addiction is, to look at other factors influencing the patient, and also to know how serious the patient is about getting help. The interview process can give the professional a good understanding about the patient and help them find the best treatment for the addiction. It will also help the staff evaluate the progress the patient is making as they undergo treatment.

Drug Treatment Plan

After the assessment has been completed, the staff will work with the patient to develop a treatment plan. This plan will give the patient an idea of the type of program that is recommended, as well as the length of time they can expect to be in treatment. It may be necessary for the patient to work with different professionals, such as counselors and physicians, and to take part in programs such as group therapy, family counseling, and individual counseling. The treatment plan will make sure that all the pieces are lined up and the patient receives all the care they need.

During this whole process, the patient should be sure they are asking questions they might have, and should be put at ease by the staff about any concerns they have.

<http://www.treatmentsolutionsnetwork.com/blog/index.php/2009/03/18/addiction-assessment-determining-your-unique-treatment-needs>

Web Sites for Information and Resources

For a description of commonly abused substances and additional information regarding substance abuse and youth please refer to the following websites where publications and information can be accessed:

Butte County Methamphetamine Strike Force: <http://www.2stopmeth.org/>

<http://ncadi.samhsa.gov>

<http://www.timetotalk.org>

<http://www.hablacontushijos.org>

<http://www.recoveryhappens.com>

www.californiacares4youth.com or 1-866-350-8773

<http://casacolumbia.org>

<http://www.adolescent-substance-abuse.com>

<http://www.nationalyouth.com>

<http://www.drugfree.org>

<http://www.aa.org> - This is the national Alcoholics Anonymous website.

<http://www.na.org> - This is the national Narcotics Anonymous website.

<http://www.al-anon.alateen.org/english.html> - This is the national Al-Anon/Al-Ateen site.

http://www.nar-anon.org/Nar-Anon/Nar-Anon_Home.html - The national Nar-Anon site for friends and families of addicts.

<http://www.norcalcma.org>

Drug Abuse Treatment Center Hotline: 1-800-259-7115

For information on drug disposal guidelines or signs of teen prescription drug abuse, see:

<http://www.TheAntiDrug.com> or call 1-800-788-2800

Poison Control: 1-800-222-1222

U.S. Department of Justice, Drug Enforcement Administration www.dea.gov

Community Support Groups

<http://aabutte-glenn.org>

This is the local Alcoholics Anonymous site; 530-342-5756

<http://www.916northna.org>

This is the local Narcotics Anonymous website; 530-877-6361

<http://www.ncwsa.org/district-03.html>

This is the local Al-Anon/Al-Ateen website for friends and families of alcoholics.

These websites provide information about meeting times and locations in Butte County in addition to other events where you can obtain support from others that may be going through the same issues as you. Having support is important when dealing with the hardships of substance abuse.

RECOVERY:

The process of pursuing a fulfilling and contributing life, regardless of the difficulties one has faced. It involves not only the restoration but continued enhancement of a positive identity and personally meaningful connections and roles in one's community. Recovery is facilitated by relationships and environments that provide hope, empowerment, choices, and opportunities that promote people reaching their full potential as individuals and community members (Evans, 2006)

Resource Directory Organization

This resource directory is organized alphabetically. For each agency or individual service provider, you will find helpful information that they have included pertaining to their services. While some agencies offer a range of care from crisis intervention to family support, others focus on one or two services. Use the information provided to decide what best meets your needs. All of the agencies and individual service providers in this directory are committed to helping youth and if you are uncertain if an agency or individual service provider has what you are looking for, any of these agencies or individual service providers will be willing to answer your questions and guide you with referrals to services that will best meet your needs. The first step is making the telephone call and speaking to someone who knows how to help and guide you. Any of these resources will help you with this. Please note, this directory does not include all the resources available for youth experiencing substance abuse issues in Butte County. This directory includes agencies and individual service providers who responded to the Methamphetamine Strike Force surveys we sent out requesting they be returned to us for inclusion in this directory. Please explore other resources available on your own by talking with people you know, other professionals, exploring the Butte County yellow pages, and other community resource directories and publications. Here are a few websites that might also be helpful when looking for additional service providers:

<http://dasis3.samhsa.gov>

www.californiacares4youth.com

<http://www.2stopmeth.org>

http://www.buttecountyyellowpages.com/MC_CD_BUTTE/maindirectory.aspx

<http://www.helpcentral.org>

For those agencies and individual service providers that would like to be included in the next edition of this directory, please call Gary Bess Associates at 530 877 3426, ext. 102.

Agencies

Boys & Girls Club of the North Valley

Office Address:

601 Wall Street Chico, CA 95928

Business Telephone Number:

530-899-0335

Agency Website: www.bgcnv.org

Days and Hours of Operation:

Monday-Friday 2pm-6pm

Age Range of Youth Served:

All ages of youth

Languages Spoken:

- ASL or other assistance for hearing impaired
- Spanish

Treatment Programs and Services:

- Case management and complementary services
- Youth Development approaches to treatment
- Case Management/Brokering
- Mentoring
- Recreational/Social Activities
- Social Skills Development
- Employment
- Transportation

Butte County Children's Services

Office Address:

2445 Carmichael Dr. Chico, CA 95928

78 Table Mountain Blvd, Oroville, CA 95965

Mailing Address:

P.O. Box 1649 Oroville, CA 95965

Business Telephone Number:

1-800-400-0902

Butte County Department of Behavioral Health

Chico Community Counseling Center

Office Address:

500 Cohasset Rd. Ste. #15 Chico, CA 95926

Business Telephone Number:

530-879-3859

Number to Call to Schedule Appointments:

530-891-2945

Agency Website: www.buttecounty.net

Days and Hours of Operation:

Monday-Friday 8am-5pm

Age Range of Youth Served: 0-24

Types of payments accepted:

- Medi-Cal
- Healthy Families (SED)
- 26.5 (3632 designated children)

Experience in treating the following racial/ethnic youth populations:

- African American
- Hispanic
- Native American
- Hmong

Treatment Programs Available:

- Crisis intervention
- Case management
- Outpatient mental health
- Medication support services

Treatment Options: (for substance abuse with co-occurring mental health issue)

- Family
- Group
- Individual
- Crisis

Services Provided (for substance abuse and mental health issues):

- Diagnosis
- Mental health counseling
- Referral
- Screening and Assessment
- Case management

Other Services Provided:

- Referrals to the BCBH Prevention Unit (www.butteyouthnow.com),
- Referrals to Friday Night Live/Club Live, Impact Mentoring, and Gridley and Oroville Live Spots.

Agencies, Cont.

Butte County Department of Behavioral Health

Oroville Community Counseling Center

Office Address:

88 Table Mt. Blvd. Oroville 95965

Business Telephone Number:

530-538-2158

Agency Website: www.buttecounty.net

Days and Hours of Operation:

Monday-Friday 8am-5pm

Age Range of Youth Served: 0-24

Types of payments accepted:

- Medi-Cal
- Healthy Families (SED)
- 26.5 (3632 designated children)

Experience in treating the following racial/ethnic youth populations:

- African American
- Hispanic
- Native American
- Hmong

Treatment Programs Available:

- Crisis intervention
- Case management
- Outpatient mental health
- Medication support services

Treatment Options: (for substance abuse with co-occurring mental health issue)

- Family
- Group
- Individual
- Crisis

Services Provided (for substance abuse and mental health issues):

- Diagnosis
- Mental health counseling
- Referral
- Screening and Assessment
- Case management

Other Services Provided:

- Referrals to the BCBH Prevention Unit (www.butteyouthnow.com)
- Referrals to Friday Night Live/Club Live, Impact Mentoring, and Gridley and Oroville Live Spots.

Butte County Department of Behavioral Health

Paradise Community Counseling Center

Office Address:

5910 Clark Rd. Suite W Paradise, Ca 95969

Business Telephone Number:

530-872-6328

Agency Website:

www.buttecounty.net

Days and Hours of Operation:

Monday-Friday 8am-5:00pm;

Age Range of Youth Served: 0-24

Types of payments accepted:

- Medi-Cal
- Healthy Families (SED)
- 26.5 (3632 designated children)

Experience in treating the following racial/ethnic youth populations:

- African American
- Hispanic
- Native American
- Hmong

Treatment Programs Available:

- Crisis intervention
- Case management
- Outpatient mental health
- Medication support services

Treatment Options: (for substance abuse with co-occurring mental health issue)

- Family
- Group
- Individual
- Crisis

Services Provided (for substance abuse and mental health issues):

- Diagnosis
- Mental health counseling
- Referral
- Screening and Assessment
- Case management

Other Services Provided:

- Referrals to the BCBH Prevention Unit (www.butteyouthnow.com)
- Referrals to Friday Night Live/Club Live, Impact Mentoring, and Gridley and Oroville Live Spots.

Agencies, Cont.

Butte County Probation/Juvenile Hall

Office Address:

41 County Center Dr. Oroville, CA 95965

Business Telephone Number:

530-538-7311

Agency Website:

www.buttecounty.net/probation/juvenile%20hall.aspx

Days and Hours of Operation:

24 hours a day, 7 days a week

Age Range of Youth Served: Ages 11-20

Languages Spoken: Spanish

Treatment Programs and Services:

- Crisis intervention
- Recreational/Social Activities
- Social Skills Development

Treatment Options:

- Individual
- Group
- Family

Racial/Ethnic Experience:

- African-Americans
- Hispanic
- Hmong
- Native American

Butte County Public Health Department

Office Address:

78 Table Mountain Blvd. Oroville, CA 95965

Business Telephone Number:

530-538-7341

Agency Website:

www.buttecounty.net/publichealth

Days and Hours of Operation:

Monday-Friday 8:00-5:00pm

Age range of youth served: 12 years and older

Racial/Ethnic Experience: Ethnically diverse services provided, all are welcome.

Languages Spoken:

- English
- Spanish
- Hmong

Types of Payment Accepted:

- Medi-Cal
- Private Pay
- We do not bill private insurance

Types of Substances Qualified to Treat:

- Narcotic addiction, medications including Vicodin, Oxycontin, Norco and others.

Treatment Programs available:

- Opiate Addiction Treatment with Suboxone
- Case Management using the Stalcup CIM 6 month medical case management model
- Women's group for the Opiate Addiction Clinic patients
- Drug testing for Opiate Addiction Clinic patients

Other Services Provided:

- Referral to a variety of services including primary medical care, mental health, social services, food resources, home visiting nurses
- Reproductive health assessment
- Birth Control
- STD testing
- STD treatment
- Tuberculosis testing
- Travel services
- Childhood vaccines

Agencies, Cont.

Catalyst Domestic Violence Services

Office Address:

PO Box 4184 Chico, CA 95927

Business Telephone Number:

530-343-7711

Agency Website:

www.catalystdvservices.org

Days and Hours of Operation:

Monday-Friday 9am-5pm (business), Monday-Sunday 9am-11pm (housing program staff hours); 24/7 hotline

Racial/Ethnic Experience: Hispanic

Languages Spoken: Spanish

Types of Payment Accepted:

- All Catalyst services are free so we only accept donations if clients want to pay a fee for services
- Self payment
- Sliding fee scale (fee based on income and other factors)
- Payment-based assistance

Treatment Programs Available:

- Crisis intervention
- Recovery support services
- Therapy is for the primary need of addressing issues related to domestic violence. Support groups, individual counseling, and parent/child counseling (without abusive parent) for victims of domestic violence are available. If substance abuse is co-occurring, it is addressed as needed and a referral made for more specific treatment.

Treatment Options:

- Family
- Group
- Individual

Other Services Provided:

- Alcohol and drug testing
- Discharge planning
- Family interventions and support systems
- Referral and placement
- Screening and assessment
- Short-term counseling (6 or less sessions)
- Treatment planning
- Case Management/Brokering
- Child care
- Domestic Violence
- Legal Assistance
- Parenting Skills
- Recreational/Social Activities
- Social Skills Development
- Transportation
- Housing for youth living on their own/eman-cipated youth who are victims of domestic violence
- Counseling for domestic violence related trauma and emotional health

Agencies, Cont.

Chico Recovery Center

Office Address:

2057 Forest Ave. Suite 5 Chico, CA 95928

Business Telephone Number:

530-343-6566

Days and Hours of Operation:

Monday-Friday 12pm-9pm, Saturday & Sunday on call

Age Range of Youth Served: Ages 16-20

Racial/Ethnic Experience:

- African-Americans
- Hispanic

Types of Payment Accepted:

- Access to Recovery (ATR) voucher
- Private health insurance
- Self payment
- Payment-based assistance

Treatment Programs and Services:

- Case management and complementary services
- Non-residential outpatient
- Outpatient
- Outpatient (drug free)
- Recovery support services
- Alcohol and drug testing
- Diagnosis
- Discharge planning
- Long-term counseling (7 or more sessions)
- Referral and placement
- Screening and assessment
- Short-term counseling (6 or less sessions)
- Treatment planning
- Youth development approaches to treatment
- Case Management/Brokering
- Mentoring
- Social Skills Development
- Spiritual

Treatment Options:

- Co-Ed group
- Family
- Group
- Individual

Chico Recovery Center (Oroville)

Office Address:

2195 Baldwin Ave. Oroville, CA 95966

Business Telephone Number:

530-534-9316

Days and Hours of Operation:

Monday-Sunday 8am-8pm

Age Range of Youth Served: Ages 11-20

Racial/Ethnic Experience:

- African-Americans
- Hispanic
- Native American

Types of Payment Accepted:

- Access to Recovery (ATR) voucher

Treatment Programs and Services:

- Crisis intervention
- Case management and complementary services
- Faith based counseling
- Non-residential outpatient
- Outpatient
- Outpatient (drug free)
- Outpatient (medication)
- Recovery support services
- Alcohol and drug testing
- Diagnosis
- Discharge planning
- Educational outreach about substance abuse
- Family interventions and support systems
- Long-term counseling (7 or more sessions)
- Referral and placement
- Screening and assessment
- Short-term counseling (6 or less sessions)
- Structured recovery related activities
- Treatment planning
- Youth development approaches to treatment
- Recreational/Social Activities
- Social Skills Development
- Spiritual

Treatment Options:

- Family
- Group
- Individual

Agencies, Cont.

Children First Counseling Center

Office Address:

590 Antelope Blvd. Bldg B, Ste 30 RedBluff, CA 96080

Mailing Address:

P.O. Box 950 RedBluff, CA 96080

Business Telephone Number:

530-529-9454

Agency Website: www.childrenfirstffa.com

Days and Hours of Operation:

Monday-Friday 8am-5:30pm

Age Range of Youth Served:

All ages of youth

Types of Payment Accepted:

- Access to Recovery (ATR) voucher
- Medi-Cal
- Military insurance(e.g., AV/TRICARE)
- Private health insurance
- Self payment
- Victim Witness

Treatment Programs and Services:

- Crisis intervention
- Individual Counseling
- Family Counseling
- Family interventions and support systems
- Long-term counseling (7 or more sessions)
- Referral and placement
- Screening and assessment
- Short-term counseling (6 or less sessions)
- Social skills development
- Mentoring

Racial/Ethnic Experience:

- African-Americans
- Hispanic
- Native American

Enloe Medical Center, Case Management Dept.

Office Address:

1531 Esplanade Chico, CA 95926

Business Telephone Number:

530-332-7229

Number to Call to Schedule Appointments:

530-332-7502

Agency Website: <http://www.enloe.org>

Days and Hours of Operation:

24 hours a day, 7 days a week

Age Range of Youth Served: Ages 11-20**Types of Payment Accepted:**

- Medi-Cal
- Medicare
- Military insurance (e.g., AV, TRICARE)
- Private health insurance
- Self payment
- State financed insurance (other than Medi-Cal)
- Sliding fee scale (fee based on income and other factors)
- Payment-based assistance

Treatment Programs Available:

- Crisis intervention
- Hospitalization inpatient

Racial/Ethnic Experience:

- African-Americans
- Hispanic
- Hmong
- Native American

Languages Spoken:

- ASL or other assistance for hearing impaired
- American Indian and Alaska Native languages
- Hmong
- Spanish

Agencies, Cont.

Feather River Tribal Health, Inc.

Office Address:

2415 Fifth Ave. Oroville, CA 95965

Business Telephone Number:

530-534-5394

Agency Website: www.frth.org

Days and Hours of Operation:

Not open on Saturday and Sunday

Age Range of Youth Served: All ages of youth

Racial/Ethnic Experience:

- Native American
- We are exclusively an American Indian Clinic

Languages Spoken:

- ASL or other assistance for hearing impaired
- Spanish

Types of Payment Accepted:

- Medi-Cal
- Medicare
- Private health insurance
- Self payment
- State financed insurance (other than Medi-Cal)
- Sliding fee scale (fee based on income and other factors)
- Client must be Native American

Treatment Programs and Services:

- Crisis intervention
- Case management and complementary services
- Outpatient
- Outpatient (drug free)
- Outpatient (medication)
- Alcohol and Drug Testing
- Diagnosis
- Discharge planning
- Educational outreach about substance abuse
- Long-term counseling (7 or more sessions)
- Referral and placement
- Screening and assessment
- Short-term counseling (6 or less sessions)
- Treatment planning
- Youth development approaches to treatment
- Case Management/Brokering
- Domestic Violence
- Parenting Skills
- Spiritual
- Transportation

Treatment Options:

- Family
- Individual

Lotus Guide Magazine

Office Address:

13524 Autumn Lane Chico, CA 95928

Mailing Address:

P.O. Box 135 Chico, CA 95927

Business Telephone Number:

530-894-8433

Agency Website:

www.lotusguide.com

Days and Hours of Operation:

Monday-Friday 11am-4pm

Racial/Ethnic Experience:

- African-Americans
- Hispanic
- Native American

Other Information:

- The biggest way we can be of help is to guide people to others as a resource. We publish a magazine which covers most of the North Valley from Grass Valley to Mt. Shasta
- We publish an alternative health directory and many of our advertisers are well equipped and educated to deal with addiction
- One of our staff members wrote a book on addiction called "The 12 Spiritual Laws of Recovery and Meditations for the 12 Step Program" and was a Drug and Alcohol Counselor.

Agencies, Cont.

New Leaf Treatment Center

Office Address:

251 Lafayette Circle Suite 150 Lafayette,
California 94549

Business Telephone Number:

925-284-5200

Agency Website:

www.nltc.com

Treatment Programs and Services:

"Provides a Medical Approach to the treatment of addictive disease and provides pain management sensitive to the requirements of persons with addictive disease" www.nltc.com

- Relapse Prevention
- Recovery Oriented Health Promotion
- Incorporates medical services with complementary approaches to recovery
- Drug education
- Intensive Outpatient Treatment
- Aftercare
- Comprehensive assessment
- Medication monitoring
- Medically supervised detoxification
- Individual, family, and group counseling
- Alcohol and Drug Testing

Northern Valley Catholic Social Service

Office Address:

10 Independence Circle Chico, CA 95973

Business Telephone Number:

530-345-1600

Agency Website: www.nvcss.org**Days and Hours of Operation:**

Monday-Friday 8am-5pm

Types of Payment Accepted:

- Medi-Cal

Services Provided:

- Case Management/Brokering
- Mentoring
- Parenting Skills
- Recreational/Social Activities
- Social Skills Development

Paradise Unified School District

Office Address:

6696 Clark Rd. Paradise, CA 95969

Business Telephone Number:

530-872-6400

Agency Website:

www.pusdk12.org

Days and Hours of Operation:

Monday-Friday, school day only

Age Range of Youth Served: All ages of youth**Racial/Ethnic Experience:**

- Hispanic

Types of Payment Accepted:

- Medi-Cal

Treatment Programs and Services:

- Crisis intervention
- Case management and complementary services
- Outpatient (drug free)
- Recovery support services
- Alcohol and drug testing
- Educational outreach about substance abuse
- Long-term counseling (7 or more sessions)
- Referral and placement
- Short-term counseling (6 or less sessions)
- Structured recovery related activities
- Youth development approaches to treatment
- Case Management/Brokering
- Social Skills Development

Treatment Options:

- Co-Ed Group
- Family
- Group
- Individual

Agencies, Cont.

Psychiatric Care Center

Office Address:

2885 Churn Creek Rd. Redding, CA 96002

Business Telephone Number:

530-221-6303

Agency Website:

www.PCCcares.com

Days and Hours of Operation:

Monday-Thursday 8am-5pm

Age Range of Youth Served: Ages 11-20**Racial/Ethnic Experience:**

- African-Americans
- Hispanic
- Native American

Types of Payment Accepted:

- Access to Recovery (ATR) voucher
- Private health insurance
- Self payment
- State financed insurance (other than Medi-Cal)
- Payment-based assistance

Treatment Programs and Services:

- Buprenorphine management (Suboxone)
- Crisis intervention
- Case management and complementary services
- Day care rehabilitative
- Intensive day treatment
- Non-residential outpatient
- Outpatient
- Outpatient (drug free)
- Outpatient (medication)
- Recovery support services
- Alcohol and drug testing
- Diagnosis
- Discharge planning
- Educational outreach about substance abuse
- Family interventions and support systems
- Long-term counseling (7 or more sessions)
- Referral and placement
- Screening and assessment
- Short-term counseling (6 or less sessions)
- Structured recovery related activities
- Treatment planning
- Youth development approaches to treatment
- HIV/AIDS Education
- Mentoring
- Recreational/Social Activities
- Social Skills Development
- Transportation

Treatment Options:

- Co-Ed Group
- Family
- Group
- Individual

Agencies, Cont.

Recovery Happens Counseling Services

Office Address:

704 F St. #E, Davis, CA 95616

Business Telephone Number:

916-276-0626

Agency Website:

www.recoveryhappens.com

Days and Hours of Operation:

Monday-Friday 9am-8pm

Age Range of Youth Served: Ages 11-20

Racial/Ethnic Experience:

- African-Americans
- Hispanic
- Hmong
- Native American

Types of Payment Accepted:

- Private health insurance
- Self payment

Treatment Programs and Services:

- Buprenorphine management (Suboxone)
- Crisis intervention
- Case management and complementary services
- Non-residential outpatient
- Outpatient
- Recovery support services
- Alcohol and drug testing
- Diagnosis
- Discharge planning
- Educational outreach about substance abuse
- Family interventions and support systems
- Long-term counseling (7 or more sessions)
- Referral and placement
- Screening and assessment
- Structured recovery related activities
- Treatment planning
- Youth development approaches to treatment
- Parenting Skills
- Social Skills Development

Treatment Options:

- Family
- Group
- Individual

Agencies, Cont.

Redding Treatment Network, Inc.

Office Address:

1614 Continental St. #A, Redding, CA 96001

Business Telephone Number:

530-605-1361

Appointment Telephone Number:

530-524-7246

Hours of Operation: Monday through Friday 8-5;
Saturday by appointment

Age Range of Youth Served: All ages of youth

Racial/Ethnic Experience:

- African-Americans
- Hispanic
- Hmong
- Native American

Types of Payment Accepted:

- Access to Recovery (ATR) voucher
- Medi-Cal
- Military insurance (e.g., AV,TRICARE)
- Private health insurance
- Self payment
- State financed insurance (other than Medi-Cal)
- Sliding fee scale (fee based on income and other factors)
- Payment-based assistance

Treatment Programs and Services:

- Crisis intervention
- Case management and complementary services
- Faith based counseling
- Non-residential outpatient
- Outpatient
- Outpatient (drug free)
- Recovery support services
- Diagnosis
- Educational outreach about substance abuse
- Family interventions and support systems
- Long-term counseling (7 or more sessions)
- Referral and placement
- Screening and assessment
- Short-term counseling (6 or less sessions)
- Treatment planning
- Youth development approaches to treatment
- Domestic Violence
- Employment
- HIV/AIDS Education
- Parenting Skills
- Social Skills Development
- Spiritual

Treatment Options:

- Co-Ed Group
- Family
- Group
- Individual

Skyway House

Office Address:

564 Rio Lindo Ave. #103 Chico, CA 95926

Business Telephone Number:

530-898-8326

Agency Website:

www.skywayhouse.org

Days and Hours of Operation:

Monday-Friday 8am-5pm

Age Range of Youth Served: Ages 11-20

Racial/Ethnic Experience:

- African-Americans
- Hispanic
- Hmong
- Native American

Types of Payment Accepted:

- Access to Recovery (ATR) voucher
- Self payment

Treatment Programs and Services:

- Non-residential outpatient
- Outpatient
- Outpatient (drug free)
- Outpatient (medication)
- Alcohol and drug testing
- Educational outreach about substance abuse
- Long-term counseling (7 or more sessions)
- Screening and assessment
- Short-term counseling (6 or less sessions)

Treatment Options:

- Co-Ed Group
- Group
- Individual

Agencies, Cont.

Tarzana Treatment Centers, Inc.

Office Address:

18700 Oxnard St. Tarzana, CA 91356

Business Telephone Number:

819-996-1051

Agency Website: www.tarzanatc.com

Days and Hours of Operation:

Monday–Thursday 8am–8:30pm, Friday 8am–7:30pm

Age Range of Youth Served: Ages 11-20

Racial/Ethnic Experience:

- African-Americans
- Hispanic
- Native American

Languages Spoken: Spanish

Types of Payment Accepted:

- Access to Recovery (ATR) voucher
- Medi-Cal
- Private health insurance
- Self payment
- State financed insurance (other than Medi-Cal)
- Sliding fee scale (fee based on income and other factors)
- Payment-based assistance

Treatment Programs and Services:

- Crisis intervention
- Case management and complementary services
- Day care rehabilitative
- Detoxification (hospital)
- Hospitalization inpatient
- Intensive day treatment
- Non-residential outpatient
- Outpatient
- Outpatient (drug free)
- Outpatient (medication)
- Partial hospitalization/Day treatment
- Alcohol and drug testing
- Diagnosis
- Discharge planning
- Educational outreach about substance abuse
- Family interventions and support systems
- Long-term counseling (7 or more sessions)
- Referral and placement
- Screening and assessment
- Short-term counseling (6 or less sessions)
- Structured recovery related activities
- Treatment planning
- Youth development approaches to treatment
- Case Management/Brokering
- Domestic Violence
- HIV/AIDS Education
- Legal Assistance
- Parenting Skills
- Recreational/Social Activities
- Social Skills Development
- Transportation

Residential Treatment Programs:

- Residential-30 days or less
- Residential-More than 30 days

Treatment Options:

- Co-Ed Group
- Family
- Group
- Individual

The Hope Center

Office Address:

1950 Kitrick Ave. Oroville, CA 95965

Business Telephone Number:

530-538-8398

Agency Website:

www.haydenministries.org

Days and Hours of Operation:

Tuesday-Friday 8am-4pm

Age Range of Youth Served: Ages 16-20

Treatment Programs Available:

- Case management and complementary services
- Faith-based counseling
- Recovery support services

Treatment Options:

- Co-Ed Group
- Group

Racial/Ethnic Experience:

- African-Americans
- Hispanic
- Hmong
- Native American

Agencies, Cont.

The Light Wave Center

Office Address:

562 Manzanita Avenue Suite 9 Chico, CA 95926

Business Telephone Number:

530-345-6300

Agency Website:

www.thelightwavecenter.com

Days and Hours of Operation:

Hours are flexible, call for appointment

Age Range of Youth Served:

All ages of youth

Treatment Programs and Services

- Energy Healing
- Bowenwork
- Matrix Energetics
- Yuen Method
- Acupressure
- Visceral Release
- N.A.E.T (Nambudripad's Allergy Elimination Technique)
- Reiki
- Massage
- Reflexology
- Life Coaching
- Joyful Yoga
- Tai Chi and Qigong
- Feng Shui
- Psychic Healing and other tools

Thunder Road

Office Address:

390 40th Street Oakland, CA 94609

Business Telephone Number:

510-653-5040

Agency Website:

www.thunderroadtreatment.org

Days and Hours of Operation:

Open 7 days a week 8:30am-5pm (business), 24 hours residential program

Age Range of Youth Served: Ages 11-20**Racial/Ethnic Experience:**

- African-Americans
- Hispanic

Languages Spoken:

- Spanish

Types of Payment Accepted:

- Private health insurance
- Self payment
- Sliding fee scale (fee based on income and other factors)

Treatment Programs and Services:

- Crisis intervention
- Case management and complementary services
- Hospitalization inpatient
- Outpatient
- Partial hospitalization/Day treatment
- Recovery support services
- Alcohol and drug testing
- Diagnosis
- Discharge planning
- Educational outreach about substance abuse
- Family interventions and support systems
- Long-term counseling (7 or more sessions)
- Screening and assessment
- Short-term counseling (6 or less sessions)
- Structured recovery related activities
- Treatment planning
- Youth development approaches to treatment
- Case Management/Brokering
- Employment
- Mentoring
- Recreational/Social Activities
- Social Skills Development
- 12 Step Education
- Relapse Prevention
- Drug Education
- Self-Esteem Groups
- Anger Management Groups

Residential Treatment Programs:

- Residential-30 days or less
- Residential-More than 30 days

Treatment Options:

- Family
- Group
- Individual

Agencies, Cont.

Wright Education Services

Office Address:

2660 Victor Ave. Redding, CA 96002

Business Telephone Number:

530-223-5122

Agency Website:

www.wrighteducationservices.com

Days and Hours of Operation:

Monday-Thursday 9am-6pm, Friday 9am-5pm

Age Range of Youth Served: Ages 11-20

Types of Payment Accepted:

- Access to Recovery (ATR) voucher
- Military insurance (e.g. AV/TRICARE)
- Private health insurance
- Self payment
- State financed insurance (other than Medi-Cal)
- Sliding fee scale (fee based on income and other factors)

Racial/Ethnic Experience:

- African-Americans
- Hispanic
- Hmong
- Native American

Languages Spoken:

- ASL or other assistance for hearing impaired
- Spanish

Treatment Programs Available:

- Crisis intervention
- Case management and complementary services

Individual Service Providers

Kathy Brossard-Bird, MFT

Office Address:

6393 Skyway Suite 6 Paradise, CA 95969

Business Telephone Number:

530-877-9491

Days and Hours of Operation:

Monday & Thursday 8am-8pm,
Tuesday & Wednesday 6pm-8pm

Age Range of Youth Served: All ages of youth

Racial/Ethnic Experience:

- African-Americans
- Hispanic
- Hmong
- Native American

Types of Payment Accepted:

- Military insurance (e.g. AV/TRICARE)
- Private health insurance
- Self payment
- Sliding fee scale (fee based on income and other factors)

Treatment Programs Available:

- Crisis intervention
- Case management and complementary services
- Non-residential outpatient
- Outpatient
- Outpatient (drug free)
- Recovery support services

Treatment Options:

- Family
- Individual

Paul Bugnacki, LCSW

Office Address:

1430 East Ave. Ste. 4B Chico, CA 95926

Business Telephone Number:

530-342-1211

Days and Hours of Operation: Monday 1pm-5pm,

Wednesday & Thursday 4pm-8pm, Friday 5pm-7pm

Age Range of Youth Served: All ages of youth

Racial/Ethnic Experience:

- African-Americans
- Hispanic
- Hmong
- Native American

Types of Payment Accepted:

- Military insurance (e.g. AV/TRICARE)
- Private health insurance
- Self payment
- State financed insurance (other than Medi-Cal)
- Sliding fee scale (fee based on income and other factors)
- Payment-based assistance

Treatment Programs Available:

- Case management and complementary services
- Faith-based counseling
- Non-residential outpatient
- Outpatient
- Recovery support services

Treatment Options:

- Family
- Individual

Individual Service Providers, Cont.

<p>Toni Louise Childs, MFT</p> <hr/> <p>Office Address: 1614 Continental St. #A Redding, CA 96001 Mailing Address: P.O. Box 123 Lakehead, California 96051 Business Telephone Number: 530-524-7246 Days and Hours of Operation: Monday-Friday 8am-5pm, Saturday by appointment Age Range of Youth Served: Ages 11-20 Racial/Ethnic Experience:</p> <ul style="list-style-type: none"> • African-Americans • Hispanic • Hmong 	<p>Types of Payment Accepted:</p> <ul style="list-style-type: none"> • Access to Recovery (ATR) voucher • Private health insurance • Self payment • State financed insurance (other than Medi-Cal) • Sliding fee scale (fee based on income and other factors) • Payment-based assistance • Victim Witness <p>Treatment Programs Available:</p> <ul style="list-style-type: none"> • Crisis intervention • Case management and complementary services • Faith-based counseling • Non-residential outpatient • Outpatient • Outpatient (drug free) • Outpatient (medication) • Recovery support services <p>Treatment Options:</p> <ul style="list-style-type: none"> • Family • Individual • Group • Co-Ed Group
<p>Jann M. Coffman, MFT</p> <hr/> <p>Office Address: 568 Manzanita Ave. Suite 1B Chico, CA 95926 Business Telephone Number: 530-894-2426 Days and Hours of Operation: Monday 9am-4pm, Tuesday 10am-5pm, Wednesday 7am-1pm, Thursday 7am-4pm Age Range of Youth Served: All ages of youth</p>	<p>Racial/Ethnic Experience:</p> <ul style="list-style-type: none"> • African-Americans • Hispanic • Native American <p>Types of Payment Accepted: Self payment</p> <p>Treatment Programs Available: Recovery support services</p> <p>Treatment Options:</p> <ul style="list-style-type: none"> • Family • Individual
<p>Kimberley Covington, MFT</p> <hr/> <p>Office Address: 852 Manzanita Court #140 Chico, CA 95926 Business Telephone Number: 530-899-1412 Days and Hours of Operation: Monday-Friday by appointment only Age Range of Youth Served: All ages of youth Racial/Ethnic Experience:</p> <ul style="list-style-type: none"> • African-Americans • Hispanic • Hmong • Native American 	<p>Types of Payment Accepted:</p> <ul style="list-style-type: none"> • Access to Recovery (ATR) voucher • Military insurance (e.g. AV/TRICARE) • Private health insurance • Self payment • Sliding fee scale (fee based on income and other factors) • Payment-based assistance <p>Treatment Programs Available:</p> <ul style="list-style-type: none"> • Crisis intervention • Case management and complementary services • Outpatient <p>Treatment Options:</p> <ul style="list-style-type: none"> • Family • Individual • Group

Individual Service Providers, Cont.

<p>Laura Denney, RBT Advanced Bowen Therapist</p> <hr/> <p>Office Address: The Light Wave Center 562 Manzanita Ave. Suite 9 Business Telephone Number: 530-345-6300 Agency Website: www.thelightwavecenter.com</p>	<p>Treatment Programs:</p> <ul style="list-style-type: none">• Advanced Bowenwork• SportBowen• Reiki• Visceral Release• CranioSacral Therapy• Psychic Tools• Clairvoyant Training• Chinese Medicine• Shiatsu• Yuen Method• Matrix Energetics
<p>Pennisue Mary Hignell, Ph.D.</p> <hr/> <p>Office Address: 9255 Esquon Road Durham, CA 95938 Business Telephone Number: 530-891-6767 Agency Website: www.psychologytoday.com</p>	
<p>Dennis Hyde, CADC, MFT</p> <hr/> <p>Office Address: 270 E 4th St. Chico, CA 95928 Mailing Address: P.O. Box 8827 Chico, CA 95973 Business Telephone Number: 530-342-7049 Days and Hours of Operation: Thursday 9am-9pm, Friday 9am-6pm Age Range of Youth Served: Ages 11-20</p>	<p>Racial/Ethnic Experience:</p> <ul style="list-style-type: none">• African-Americans• Hispanic• Native American <p>Types of Payment Accepted:</p> <ul style="list-style-type: none">• Private health insurance• Self payment <p>Treatment Programs Available:</p> <ul style="list-style-type: none">• Outpatient• Outpatient (drug free) <p>Treatment Options:</p> <ul style="list-style-type: none">• Family• Individual
<p>Jennifer S. Kirkham, LCSW</p> <hr/> <p>Office Address: 1660 Humboldt Road Suite 3 Chico, CA 95928 Business Telephone Number: 530-899-8062 Days and Hours of Operation: Monday-Thursday 12pm-8pm, Friday 12pm-5pm Age Range of Youth Served: Ages 16-20 Racial/Ethnic Experience:</p> <ul style="list-style-type: none">• African-Americans• Hispanic• Native American	<p>Types of Payment Accepted:</p> <ul style="list-style-type: none">• Medicare• Military insurance (e.g. AV/TRICARE)• Private health insurance• Self payment• Sliding fee scale (fee based on income and other factors)• Payment based assistance <p>Treatment Programs Available:</p> <ul style="list-style-type: none">• Crisis intervention• Case management and complementary services• Outpatient• Recovery support services• Individual and Family Counseling• 12 Step use supports

Individual Service Providers, Cont.

Gayle Kimball, Ph.D.

Office Address:

42 Ranchita Way, Chico, 95928

Business Telephone Number:

530-345-8118

Agency Website:

www.gaylekimball.info

Days and Hours of Operation:

Monday-Saturday hours are flexible

Age Range of Youth Served: All ages of youth

Racial/Ethnic Experience:

- African-Americans
- Hispanic

Types of Payment Accepted:

- Self payment
- Sliding fee scale (fee based on income and other factors)

Treatment Programs Available:

- Case management and complementary services
- Faith-based counseling
- Outpatient
- Outpatient (drug free)
- Emotional Freedom technique acupressure

Treatment Options:

- Family
- Individual

Lawrence M. Levin, LCSW

Office Address:

100 Amber Grove Drive Ste. 100 Chico, CA 95973

Business Telephone Number:

530-898-9801

Gail Lipton, MFT

Office Address:

249 West 8th Ave. Chico, CA

Business Telephone Number:

530-566-1110

Days and Hours of Operation:

Monday-Wednesday 11am-5pm,
Thursday 12pm-5pm

Age Range of Youth Served:

All ages of youth

Racial/Ethnic Experience:

- African-Americans
- Hispanic
- Native American

Types of Payment Accepted:

- Private health insurance
- Self payment
- Sliding fee scale (fee based on income and other factors)
- Victim Witness

Treatment Programs Available:

- Crisis intervention
- Case management and complementary services
- Outpatient
- Outpatient (drug free)
- Recovery support services

Treatment Options:

- Family
- Individual
- Relational Based Therapy

Joanna Miller, MFT

Office Address:

341 Broadway #224 Chico, CA 95928

Business telephone number:

530-345-8337

Days and Hours of Operation:

Varies, call for appointment

Age Range of Youth Served:

Ages 13-20

Types of Payment Accepted:

- Private health insurance
- Self payment

Treatment Programs Available:

- Crisis intervention
- Outpatient
- Recovery support services
- Specializes in the co-occurrence of eating disorders and substance abuse
- Trauma focused treatment

Treatment Options:

- Family
- Individual

Individual Service Providers, Cont.

Cyla Nelson, CADC, LCSW

Office Address: 852 Manzanita Ct. Suite 140
Chico, CA 95926

Business Telephone Number: 530-899-2952

Days and Hours of Operation: Monday-Friday
9am-2pm by appointment only

Age Range of Youth Served: Ages 11-20

Racial/Ethnic Experience:

- African-Americans
- Hispanic
- Native American

Types of Payment Accepted:

- Access to Recovery (ATR) voucher
- Military insurance (e.g. AV/TRICARE)
- Private health insurance
- Self payment
- Sliding fee scale (fee based on income and other factors)

Treatment Programs Available:

- Crisis intervention
- Outpatient
- Recovery support services

Treatment Options:

- Family
- Individual

Ritch C. North, MFT

Office Address:
1664 Montgomery St. Oroville, CA 95965

Business Telephone Number:
530-533-8120

Sheryl Sanchez, L.Ac.

Office Address:
8093 Skyway, Paradise, CA 95969

Business Telephone Number:
530-877-7003

Agency Website:
www.heavenly-herbs.com

Days and Hours of Operation:
Monday-Wednesday & Friday 10am-6pm

Age Range of Youth Served: Ages 11-20

Types of Payment Accepted:

- Private health insurance
- Self payment
- Sliding fee scale (fee based on income and other factors)
- Payment-based assistance

Treatment Programs Available:

- Case management and complementary services
- Detoxification (non-hospital)
- Methadone detoxification (facility may also use buprenorphine in detoxification)
- Methadone maintenance (facility may also use buprenorphine in maintenance)
- Outpatient
- Outpatient detoxification (non-medical)
- Outpatient (drug free)

Treatment Options:

- Family
- Individual

Treatment Modalities:

- Holistic-based approach, using Acupuncture (NADA) and herbal medicinals

Individual Service Providers, Cont.

<p>Mary Lou Snodgrass, MFT</p> <hr/> <p>Office Address: 2345 Ceres Ave. Chico, CA 95926</p> <p>Business Telephone Number: 530-343-6265</p> <p>Days and Hours of Operation: Monday-Thursday 9am-2pm</p> <p>Age Range of Youth Served: All ages of youth</p> <p>Racial/Ethnic Experience:</p> <ul style="list-style-type: none">• African-Americans• Hispanic• Native American	<p>Types of Payment Accepted:</p> <ul style="list-style-type: none">• Private health insurance• Self payment• Sliding fee scale (fee based on income and other factors)• Payment-based assistance <p>Treatment Programs Available:</p> <ul style="list-style-type: none">• Crisis intervention• Case management and complementary services• Non-residential outpatient• Outpatient• Outpatient (drug free)• Recovery support services• Trauma Counseling <p>Treatment Options:</p> <ul style="list-style-type: none">• Family• Individual• Group• Co-Ed Group
<p>Brandan Stark, D.O. (Family Medicine, Chemical Dependence)</p> <hr/> <p>Office Address: 100 Independence Circle Chico, CA</p> <p>Business Telephone Number: 530-899-2126</p> <p>Agency Website: www.argyllmedical.com</p> <p>Days and Hours of Operation: Monday-Friday 8:30am-5pm</p> <p>Age Range of Youth Served: All ages of youth</p> <p>Racial/Ethnic Experience:</p> <ul style="list-style-type: none">• African-Americans• Hispanic• Native American	<p>Types of Payment Accepted:</p> <ul style="list-style-type: none">• Medicare• Private health insurance• Self payment• Sliding fee scale (fee based on income and other factors) <p>Treatment Programs Available:</p> <ul style="list-style-type: none">• Buprenorphine management (Suboxone)• Detoxification (non-hospital)• Methadone detoxification (facility may also use buprenorphine in detoxification)• Methadone maintenance (facility may also use buprenorphine in maintenance)• Outpatient detoxification (medical)• Recovery support services <p>Treatment Options:</p> <ul style="list-style-type: none">• Group• Co-Ed Group <p>Other Information:</p> <ul style="list-style-type: none">• Agency conducts medical assessments and screenings for medical issues for youth with substance abuse issues

Individual Service Providers, Cont.

Joe Taylor, MFT

Office Address:

630 Salem St. Suite 120 Chico, CA 95928

Business Telephone Number:

530-514-3475

Agency Website:

www.ChicoCreekCounseling.com

Days and Hours of Operation: Monday-

Thursday 4pm-7pm, Friday 3pm-6pm

Age Range of Youth Served:

All ages of youth

Racial/Ethnic Experience:

- African-Americans
- Hispanic
- Native American

Types of Payment Accepted:

- Access to Recovery (ATR) voucher
- Self payment
- State financed insurance (other than Medi-Cal)

Treatment Programs Available:

- Crisis intervention
- Faith-based counseling
- Outpatient
- Recovery support services

Treatment Options:

- Family
- Individual
- Co-Ed Group
- Group

Vickie Van Scyoc, RN

Office Address:

(Varies - call for appt.) Chico, CA

Business Telephone Number:

530-877-1195

Agency Website:

www.naet.com

Days and Hours of Operation:

Hours are flexible, call for appointment

Age Range of Youth Served:

All ages of youth

Types of Payment Accepted:

- Self Payment
- Sliding fee scale (fee based on income and other factors)

Treatment Programs Available:

- Case management and complementary services
- Holistic/Alternative approach to healing
- Energy Medicine
- Uses NAET (Nambudripad's Allergy Elimination Techniques) which is a non invasive, painless process using a combination of selective energy balancing, testing by use of kinesiology, and treatment procedures from acupuncture, chiropractic, and nutritional disciplines.
- NAET is complementary to other forms of substance abuse treatment
- NAET can address addiction, cravings, emotions associated with the cravings and addiction, and help body systems rebalance and heal. Addiction is allergy. When you treat the allergy to the drug, you lose the craving for it.
- Approximate treatments needed- 20, usually 1-2 per week.

Treatment Options:

- Individual
- Treatments are individual, but people can come in small group

Individual Service Providers, Cont.

Jerrold Weiner, D.O., M.S.W.

Office Address:

2571 California Park Drive Suite 110 Chico, CA 95928

Business Telephone Number:

530-345-9777

Days and Hours of Operation: Monday, Wednesday & Thursday 9am-5pm, Tuesday & Friday 9am-12pm

Age Range of Youth Served: Ages 11-20

Racial/Ethnic Experience:

- African-Americans
- Hispanic
- Native American

Types of Payment Accepted:

- Self payment
- Sliding fee scale (fee based on income and other factors)
- Payment based assistance

Treatment Programs Available:

- Crisis intervention
- Non-residential outpatient
- Outpatient (medication)
- Mental Health/Co-occurring Treatment
- Psychiatric medication management

Christy Wright, CADC II

Office Address:

2660 Victor Avenue, Redding CA 96002

Business Telephone Number:

530-223-5122

Days and Hours of Operation:

Monday-Friday 9am-5pm

Age Range of Youth Served:

Ages 12 and over

Types of Payment Accepted:

- Self payment
- Sliding fee scale (fee based on income and other factors)
- State financed insurance other than Medi-Cal

Treatment Programs Available:

- Assessment
- Treatment planning and/or coordination

Treatment Options:

- Individual Treatment
- Family Treatment

